

Self-Binding Blanket

Blanket—Approximate Finished Size: 36" x 36"

Bonus Instructions inside: Make 2 Lovies, each approximately 17" square

A fun and easy way to make a sweet blanket without needing to add a separate binding. A clever, yet simple corner miter does the trick. Add some lovies from the Bonus Instructions and you have a go-to gift for any baby.

Fabric Requirements (for a 36" x 36" blanket + 2 lovies)

- 1 yards Cuddle® 3, Front
- 1¼ yards Luxe Cuddle® or Cuddle® 3, Backing

Suggested Notions

- Template plastic or cardstock
- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Walking foot
- Basting spray

On the cover: Macaron Pillow pattern available on our website: www.shannonfabrics.com.



For more information on sewing with Cuddle®, scan the QR code or go to: offers.shannonfabrics.com/beginner



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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info@shannonfabrics.com | www.shannonfabrics.com | 866.624.5252

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Self-Binding Blanket



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Blanket—Approximate Finished Size: 36" x 36"

Lovies—Approximate Finished Size: 17" x 17"

Makes 1 Blanket and 2 Lovies

GENERAL DIRECTIONS

- Read *Cuddle® Basics* before beginning.
- Instructions are for the Blanket. The method is the same for the Lovies. See sidebar for details.

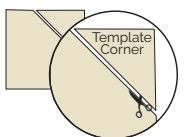
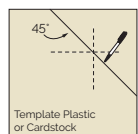
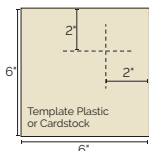
Cutting

1. From the [Front], mark and cut:
 - 1 (34" x 34") square.
2. From the [Backing], mark and cut:
 - 1 (40" x 40") square.

Assembly

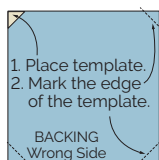
Make the corner template

1. Cut a 6" square of template plastic or cardstock.
2. At one corner, mark intersecting lines 2" parallel to the edges.
3. Mark a 45° line that intersects the 2" marks.
4. Cut on the line to create the corner template.



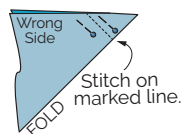
Make the corners

1. Place the template corner on the wrong side of the Backing as shown.
2. On each corner, mark the diagonal line of the template.



Note: The marked line is a stitching line. Do not cut on this line!

3. Right sides together, fold the corner on the diagonal, matching the marked line.
4. Pin on both sides of the line. Stitch on the line. Pin and stitch the other corners.



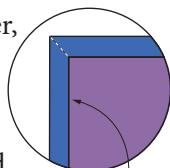
5. Turn the corners to check if they are mitered and lie flat. If so, trim the seam allowance to 1/2" and flip the corner back to wrong side out.

Note: If the corners do not lie flat, check that the marked lines match. Restitch if necessary.

Finishing

Add the Front fabric

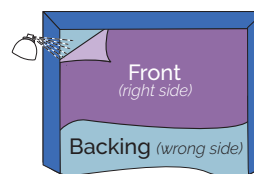
1. Smooth the Backing, wrong side up, on a large, flat surface.
2. Wrong sides together, Center and smooth Front onto Backing. Tuck Front edges under the frame and mitered corners.



Tuck Front edges under the Frame.

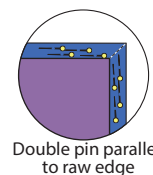
Make a Wider—or Narrower—Border
The 2" marks create a 2" border. For a 3" border, draw the intersecting lines 3" from each edge. Mark the 45° line through that intersection. All of the other assembly instructions remain the same.

3. Spray baste wrong side of Front one section at a time.

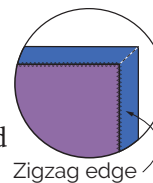


Smooth the edges under the frame.

4. Pin edges through all layers, parallel to the raw edge.



5. Using a wide zigzag (5mm x 5mm), stitch the raw edge of the border around entire blanket.



Note: If using Cuddle® 3 for the Backing, use a blanket or serpentine stitch for a finished look. If using Luxe Cuddle®, a zigzag stitch works best.

Lovies

Lovies use the same construction method as the Blanket—only a few measurements are different.

Here are the Lovie changes:
Makes 2 Lovies

1. From the remaining Front fabric, mark and cut:
 - 2 (16" x 16") squares.
2. From remaining Backing, mark and cut:
 - 2 (20" x 20") squares.

Assembly

- For the template, mark 1 1/2" (instead of 2") from each corner.
- Mark a 45° line that intersects the marks.
- Cut on the line to create the corner template for the Lovie.

Finishing

- Use the Blanket instructions to complete the Lovie.

Cuddle® Basics

1. Seam allowances are 1/2" unless otherwise noted.
2. Mark measurements on wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut with a rotary cutter, craft knife, or scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1 1/2" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. Use an even-feed or walking foot, if possible. It makes a difference!

